



*Million dollar view from Karanga Camp by Tim S. Geiss*

## MOUNT KILIMANJARO

The biggest challenge anyone can tackle in Tanzania is to climb Africa's highest peak, the incredible Mount Kilimanjaro. Mount Kilimanjaro National Park is home to a diverse array of wildlife and stunning landscapes. It is here that the volcanic Mt. Kilimanjaro stands at 5,895m high. It is also the highest free-standing mountain in the world, rising from farmlands on the lower slopes, through lush rainforest and finally to lunar 'other-worldly' landscapes and the twin peaks of Kibo and Mawenzi.

### **Shira Route (10 Days – operates upon request)**

#### **Day 01 – Arrival JRO**

Arrive at Kilimanjaro International Airport and transfer to your base lodge where you spend the night.

#### **Day 02 – Moshi**

Early morning equipment check and briefing by your climbing team. Remainder of the day at leisure.

#### **Day 03 – Londorossi Gate – Shira 1 Camp**

The route from your drop off point to your first high-altitude camp **Shira 1** features a small gain in altitude and is not too physically challenging. Due to this, you will be able to properly begin the process of acclimatization. By the time you reach the camp, our professional mountain crew will prepare everything necessary, put tents and cook dinner for you.

**Change in Elevation:** Lemosho Glades (3,500 m) – Shira 1 Camp (3,505 m)

**Hiking distance:** 5 km

**Hiking time:** 1–2 hours

#### **Day 04 – Shira 1 Camp to Shira 2 Camp**

a light trekking towards the second high altitude camp: Shira 2 Camp (3,900 m). This trek is not difficult and you will be able to enjoy spectacular views of Africa and the unique flora of Kilimanjaro and the surrounding area. Shira 2 Camp is the best place on the trip to see Mount Meru (the fifth summit of Africa), weather permitting. When you arrive to camp you will have lunch, and after a two-hour rest everyone will complete an acclimatization hike towards Lava Tower Camp that features a 200-meter gain in altitude.

**Trekking from Shira 1 Camp to Shira 2 Camp:**

**Change in Elevation:** Shira 1 Camp (3,505 m) – Shira 2 Camp (3,900 m)

**Hiking distance:** 7 km

**Hiking time:** 3–4 hours

#### **Day 05 – Shira 2 to Lava Tower to Barranco Camp**

Starting early, today's trek takes you through

Lava Tower at 4630 meters. You arrive at Barranco Camp for late lunch. You spend the rest of the afternoon at leisure with dinner and overnight at camp

**Change in Elevation:** Shira 2 Camp (3,900 m) – Lava Tower (4,630 m) – Barranco Camp (3,960 m)

**Hiking distance:** 12 km

**Hiking time:** 6–8 hours

### Day 06 – Barranco Camp to Karanga Camp

Early start up the Barranco Wall. Hiking up the gorge wall can be busy but not difficult and only takes around an hour.

After the climb you can have a rest and take photos in front of the Kibo volcano.

Continue with the more difficult hike to **Karanga Camp** (4,035 m), which features numerous ascents and descents during the route.

**Change in Elevation:** Barranco Camp (3,960 m) – Karanga Camp (4,035 m)

**Hiking distance:** 5 km

**Hiking time:** 4-5 hours

### Day 07 – Karanga Camp to Barafu Camp

After breakfast you'll have a moderate trek up to **Barafu Summit Camp** (4,640 m). You'll take the afternoon to relax and rest before the night's ascent.

**Change in Elevation:** Karanga Camp (4,035 m) – Barafu Camp (4,640 m)

**Hiking distance:** 6 km

**Hiking time:** 4-5 hours

### Day 08 – Barafu Camp to Uhuru Peak – SUMMIT! to Millennium Camp or Mweka Camp

Departure from Barafu Camp (4,640 m) at night and the start of summiting Kilimanjaro: Uhuru Peak (5,895 m).

Technically the climb is relatively simple; however, the most challenging part is the high altitude. Each pair of climbers will get a personal guide for the entire ascent to monitor your physical and mental conditions. After your successful ascent to Uhuru Peak, you can descend to the nearest glacier if desired. Then you will return to Barafu Camp and after a 2-hour rest continue your descent to **Millennium Camp** (3,820 m).

**Change in Elevation:** Barafu Camp (4,640 m) – Uhuru Peak (5,895 m) – Millennium Camp (3,820 m)

**Hiking distance:** 15 km

**Hiking time:** 8-12 hours

### Day 09 – Millennium Camp to Mweka Gate

Continue your descent through the tropical rainforest to the **Mweka Gate**. Receive your Summit certificate and say your goodbyes to your mountain crew. Return to your hotel for a fantastic hot shower and overnight.

**Change in Elevation:** Millennium Camp (3,820 m) – Mweka Gate (1,650 m)

**Hiking distance:** 12 km

**Hiking time:** 4-5 hours

### Day 10 – Departure

After breakfast continue on to your planned safari or enjoy a day room if you are departing Kilimanjaro International Airport later in the day.

Inclusive meals as indicated: **B** = Breakfast; **L** = Lunch; **D** = Dinner



## WHAT IS INCLUDED AND EXCLUDED WITH THE CLIMBING EXPEDITIONS

### MT. KILIMANJARO & MT. MERU

#### ALL LEVELS INCLUDE THE FOLLOWING:

- Meeting at Kilimanjaro International Airport;
- Transfer to the hotel – Aishi Machame Hotel in Moshi\*;
- Two nights' accommodation prior to the climb (including full board on Day 2 and breakfast on Day 3; sharing a twin room);
- Transfer to the trail head;
- Professional, qualified mountain crew. Each participant will be provided with a porter (will carry up to 15 kg of personal baggage);
- Kilimanjaro National Park permits;
- Kilimanjaro National Park rescue fees;
- Camping/hut fees;
- 3 square meals daily.
- Modern High Altitude tents
- Foam sleeping pads (Bronze),
- Pulse oximeters;
- First aid kit;
- Group equipment (dining tent, table, chairs, crockery and cutlery);
- Meeting the group at the National Park exit and transfer to the hotel;
- International certificates for a successful ascent;
- Accommodation after the climb (including dinner and breakfast; sharing a twin room);
- Return transfer to Kilimanjaro airport.

#### SILVER AND GOLD INCLUDE THE ADDITIONAL ITEMS:

- Oxygen systems
- Warm and comfortable sleeping pads (2 inches thick);
- The menu includes different soups, garnishes, several types of fish and meat, fresh fruit and vegetables; vegetarian options are available upon request;
- All guides have "Wilderness First Responder" and "Wilderness First Aid" certificates, along with over 7 years of experience in climbing.

#### GOLD INCLUDES THE ADDITIONAL ITEMS:

- Expanded ration, which means a wider choice of products in the mountains;
- The North Face sleeping bags (comfort -18°C / extreme -34°C);
- Portable Toilet and Shower (except Marangu Route which has toilets)
- Iridium 9575 Extreme satellite phone. Uninterrupted contact with our support team;
- Mountaineering insurance up to 6,000 meters by World Nomads;
- Flight insurance by AMREF Flying Doctors;

#### ALL LEVELS EXCLUDE THESE ITEMS:

- Airline tickets;
- Visa fee;
- Personal gear rentals;
- Tips for the mountain crew
- Personal gear rentals;
- Items of a personal nature
- Portable toilet and shower not available on Mt. Kenya, Mt. Meru or Marangu Route. The Marangu Route has regular toilets in the hut camps.

#### OTHER EXCLUSIONS FOR SILVER' AND BRONZE:

- Mountaineering and Flying Doctor insurance
- Sleeping bags\*
- Portable toilet and shower\*

\* May be rented from the climbing company

#### BASE LODGES IN TANZANIA

Mt. Kenya – Naro Moru River Lodge

Mt. Meru – Meru View Lodge

Mt. Kilimanjaro Gold – Onsea House

Mt. Kilimanjaro Silver – Aishi Machame Hotel

Mt. Kilimanjaro Bronze – Springlands Hotel