



Sunrise from Uhuru Peak - The Summit! by Tim S. Geiss

MT. KILIMANJARO

The biggest challenge anyone can tackle in Tanzania is to climb Africa's highest peak, the incredible Mount Kilimanjaro. Mount Kilimanjaro National Park is home to a diverse array of wildlife and stunning landscapes. It is here that the volcanic Mt. Kilimanjaro stands at 5,895m high. It is also the highest free-standing mountain in the world, rising from farmlands on the lower slopes, through lush rainforest and finally to lunar 'other-worldly' landscapes and the twin peaks of Kibo and Mawenzi.

Machame Route (9 Days – operates daily upon request)

Day 01 – Arrival

Arrive at Kilimanjaro International Airport and transfer to your base hotel where you'll spend the night.

Day 02 – Moshi

Early morning equipment check and briefing by your climbing team. Remainder of the day at leisure. *(BLD)*

Day 03 – Machame Gate to Machame Camp

Drive to the mountain. Trek through banana and coffee farms, before crossing the beautiful rainforest and heathland.

Machame Camp sits about 3000m in altitude. *(BLD)*

Change in Elevation: Machame Gate (1,800 m) – Machame Camp (3,010 m)

Hiking distance: 11 km

Hiking time: 5–6 hours

Day 04 – Machame Camp to Shira Camp

Hike out of the rainforests and across the lava ridges of the glaciers. Reach **Shira Camp** (3,845 m) for lunch. Afternoon acclimation hike to Lava Tower – a 300m gain. *(BLD)*

Change in Elevation: Machame Camp (3,010 m) – Shira Camp (3,845 m)

Hiking distance: 5 km

Hiking time: 4–5 hours

Acclimatization hike:

Change in Elevation: Shira Camp (3,845 m) – Destination point en route to Lava Tower (4,120 m)

Hiking distance: 2 km

Hiking time: 1–2 hours

Day 05 – Shira Camp to Lava Tower to Barranco Camp

After breakfast you will leave Shira Camp (3,845 m) and start your way to the key point of the route: Lava Tower (4,630 m). This section of the route has a lot of ascents and descents that end in a camp at over 4,600 meters. It might be difficult, and you may feel some discomfort, but in order to successfully acclimate to the altitude you have to spend at least 1–2 hours here, so this is where lunch will be. *(BLD)*

Then you will descend to **Barranco Camp** (3,960 m). Here you can see the famous Barranco Wall, impressive in both its massive size and steepness!

Change in Elevation: Shira Camp (3,845 m) – Lava Tower (4,630 m) – Barranco Camp (3,960 m)

Hiking distance: 11 km

Hiking time: 6–8 hours

Day 06 – Barranco Camp to Barafu Camp

Early start up the Barranco Wall. Hiking up the gorge wall is not difficult and only takes around an hour. After the climb you can have a rest and take photos in front of the Kibo volcano.

Continue with the more difficult hike to Karanga Camp, which features numerous ascents and descents during the route. After lunch, continue your ascent to Barafu Camp (4,640 m). The rest of the day is for resting before the midnight departure to the summit. *(BLD)*

Change in Elevation: Barranco Camp (3,960 m) – Barafu Camp (4,640 m)

Hiking distance: 11 km

Hiking time: 8–10 hours

Day 07 – Barafu Camp to Uhuru Peak – SUMMIT! to Millennium Camp

Departure from Barafu Camp (4,640 m) at night and the start of summiting Kilimanjaro: Uhuru Peak (5,895 m).

Technically the climb is relatively simple; however, the most challenging part is the high altitude. Each pair of climbers will get a personal guide for the entire ascent to monitor your physical and mental conditions. After your successful ascent to Uhuru Peak, you can descend to the nearest glacier if desired. Then you will return to Barafu Camp and after a 2-hour rest continue your descent to Millennium Camp (3,820 m). *(BLD)*

Change in Elevation: Barafu Camp (4,640 m) – Uhuru Peak (5,895 m) – Millennium Camp (3,820 m)

Hiking distance: 15 km

Hiking time: 8–12 hours

Day 08 – Millennium Camp to Mweka Gate

Continue your descent through the tropical rainforest to the Mweka Gate. Receive your Summit certificate and say your goodbyes to your mountain crew. Return to your hotel for a fantastic hot shower and overnight. *(BLD)*

Change in Elevation: Millennium Camp (3,820 m) – Mweka Gate (1,650 m)

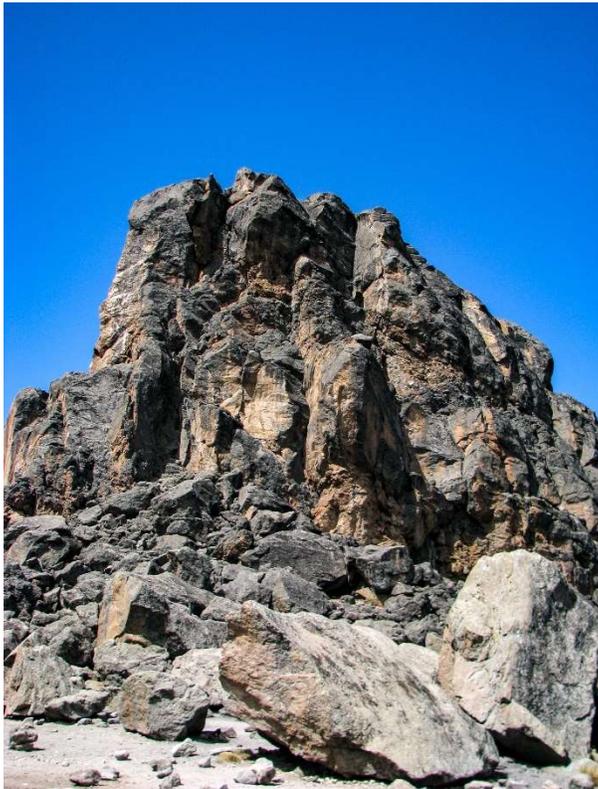
Hiking distance: 12 km

Hiking time: 4–5 hours

Day 09 – Departure

After breakfast continue on to your planned safari or enjoy a day room if you are departing Kilimanjaro International Airport later in the day. *(B)*

Inclusive meals as indicated: *B* = Breakfast; *L* = Lunch; *D* = Dinner



Lava Tower by Tim S. Geiss



The trail behind with Mt. Meru in the distance by Tim S. Geiss

WHAT IS INCLUDED AND EXCLUDED WITH THE CLIMBING EXPEDITIONS

MT. KILIMANJARO & MT. MERU

ALL LEVELS INCLUDE THE FOLLOWING:

- Meeting at Kilimanjaro International Airport;
- Transfer to the hotel – Aishi Machame Hotel in Moshi*;
- Two nights' accommodation prior to the climb (including full board on Day 2 and breakfast on Day 3; sharing a twin room);
- Transfer to the trail head;
- Professional, qualified mountain crew. Each participant will be provided with a porter (will carry up to 15 kg of personal baggage);
- Kilimanjaro National Park permits;
- Kilimanjaro National Park rescue fees;
- Camping/hut fees;
- 3 square meals daily.
- Modern High Altitude tents
- Foam sleeping pads (Bronze),
- Pulse oximeters;
- First aid kit;
- Group equipment (dining tent, table, chairs, crockery and cutlery);
- Meeting the group at the National Park exit and transfer to the hotel;
- International certificates for a successful ascent;
- Accommodation after the climb (including dinner and breakfast; sharing a twin room);
- Return transfer to Kilimanjaro airport.

SILVER AND GOLD INCLUDE THE ADDITIONAL ITEMS:

- Oxygen systems
- Warm and comfortable sleeping pads (2 inches thick);
- The menu includes different soups, garnishes, several types of fish and meat, fresh fruit and vegetables; vegetarian options are available upon request;
- All guides have "Wilderness First Responder" and "Wilderness First Aid" certificates, along with over 7 years of experience in climbing.

GOLD INCLUDES THE ADDITIONAL ITEMS:

- Expanded ration, which means a wider choice of products in the mountains;
- The North Face sleeping bags (comfort -18°C / extreme -34°C);
- Portable Toilet and Shower (except Marangu Route which has toilets)
- Iridium 9575 Extreme satellite phone. Uninterrupted contact with our support team;
- Mountaineering insurance up to 6,000 meters by World Nomads;
- Flight insurance by AMREF Flying Doctors;

ALL LEVELS EXCLUDE THESE ITEMS:

- Airline tickets;
- Visa fee;
- Personal gear rentals;
- Tips for the mountain crew
- Personal gear rentals;
- Items of a personal nature
- Portable toilet and shower not available on Mt. Kenya, Mt. Meru or Marangu Route. The Marangu Route has regular toilets in the hut camps.

OTHER EXCLUSIONS FOR SILVER' AND BRONZE:

- Mountaineering and Flying Doctor insurance
- Sleeping bags*
- Portable toilet and shower*

* May be rented from the climbing company

BASE LODGES IN TANZANIA

Mt. Kenya – Naro Moru River Lodge

Mt. Meru – Meru View Lodge

Mt. Kilimanjaro Gold – Onsea House

Mt. Kilimanjaro Silver – Aishi Machame Hotel

Mt. Kilimanjaro Bronze – Springlands Hotel